



National
Trust



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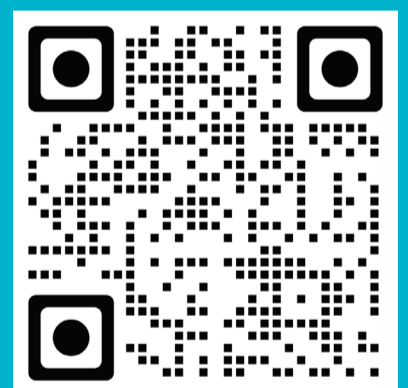
Accessible guided walks

Cornwall Arthritis Trust have partnered with National Trust Trelissick to offer free, accessible guided walks for those less agile (specifically if you have Arthritis or a Musculoskeletal Condition).

A 0.5km & 1km route around the garden will be offered, featuring numerous resting spots and scenic viewpoints. There will be time after the walk to connect and meet others with similar MSK conditions.

Walks will take place at Trelissick on 21 April, 20 May, 24 June and 16 September, 1pm-3pm

To book or find out more please contact: info@cornwallarthritis.org.uk



In partnership with


**Cornwall
Arthritis
Trust**

nationaltrust.org.uk/trelissick