



The Primary Care
Rheumatology and
Musculoskeletal
Medicine Society



Essentials of MSK Injections: Landmark and USS-guided

Saturday 9th May 2026

The Royal Orthopaedic Hospital, Birmingham

Agenda



The Primary Care
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09:00 Registration and Coffee

09:15 Welcome and Introductions

Dr Ahmed Mostafa

09:30 “How to Shoot” – Probe
Orientation & Image Optimisation
Gordon Lumsden & Jonathan Dwell

10:00 “How to Shoot” hands-on
workshop

10:30 Morning Coffee

11:15 Basics of Landmark Injections –
Do’s & Don’ts
Dr Ulf Clausen

11:45 Small Joints Workshop
*Gordon Lumsden, Jonathan Dwell
& Dr Ulf Clausen*

12:45 Lunch

13:15 Peripheral Nerve Entrapments

*Dr Ahmed Mostafa, Dr Ulf Clausen &
Jonathan Dwell*

14:00 Large Joints

*Gordon Lumsden, Dr Ahmed Mostafa
& Jonathan Dwell*

14:45 Afternoon Tea

15:00 Plantar Fascia Injection
(Ultrasound-Guided)
Jonathan Dewell

15:30 Open Practice Session
Gordon Lumsden

16:30 Summary and Meeting close

GP/Doctor

£350

Student/APP/FCP

£300