

**ARMA Act Now** inquiry impact: Year One



#### The aim of the inquiry



To increase understanding of the underlying drivers of MSK health inequality related to deprivation and how NHS services can address this.



To encourage local services and individual healthcare practitioners to take action to address inequalities.

### Increase understanding

Visits to inequalities page

Conferences

Royal College of Chiropractors; Health and Work; Chartered Society of Physiotherapists; Northern Ireland AHPs; British Society for Rheumatology; MSK 2024.

Social media reach during launch week

Others:

Meetings and presentations

Regional MSK networks x 3, ICB MSK Network, ICB Pain Network, ICB research team, Trust MSK services x 2, NOA Performance Network, GIRFT Community MSK leads meeting

Launch events

Westminster; Virtual; Northern Ireland; Wales; Scotland

"A real eye opener, even for someone who already thought they appreciated these aspects in care!" (AHP Lead)

# How would you describe the Act Now report?



#### **Encouraging action**

Thanks for providing the spark. it's not really our "core work". But arguably, it's the most important thing we are doing.

(FCP Clinical Lead)

I will look at ways to feed this into our JSNAA narrative.

(Local Authority Public Health Consultant)

[I will] share the report findings and recommendations with the team during in-service training.

(Virtual launch attendee)

We're doing a project around Chronic Pain at the moment so this report is extremely timely.

(Council Public Health Specialist)

### Some examples we are aware of:

- · Identifying patient groups not accessing our service and reaching out to those communities.
- Engage with local schools to work on supporting them to boost children's MSK health e.g. through being more active.
- Engaged with the ICB about collaborating on a multi disciplinary weight management service including physios for people with MSK conditions and obesity.
- · Outreach in primary schools for prevention.
- · Support to transition to self management after treatment tailored to needs of local community.
- · Community back pain prevention workshops.
- · MSK prevention support to local employers.
- · Using the report in the research phase of a comprehensive look at health inequalities for an MSK service.

# How do you feel about taking this work forward?

