

Sarah Withers

Head of FCP Implementation

The Chartered Society of Physiotherapy

@CSP_FCP
www.csp.org.uk/fcp



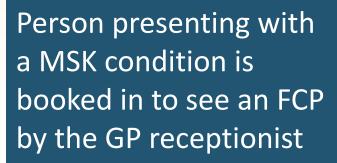
FCPs in MSK within the

Primary Care team: what

does this approach

deliver?





Assess and diagnose

(including screening for serious pathology)

Potential interventions:

- Give info on self-care and enable and support behavior change
- Undertake social prescribing
- Discuss physical activity and health

- Refer to a course of treatment (e.g. physiotherapy)
- Refer to a secondary care service
- Discuss fitness for work Request investigations
 - Medicines optimization
 - Administer joint / soft tissue injections (if qualified).

...so fewer steps and on the right path from the start



Key success outcomes

- Maintaining safety
- Improved access for patients to the MSK services, as required
- Improved GP capacity
- Fewer inappropriate referrals to secondary care and for imaging
- Improved conversion rates to surgery
- Reduced prescribing rates and costs
- Fewer re-referrals for the same condition

- Increased (and speedier) returns to work through issue of AHP Fitness for Work Report
- Improved patient self-care through supporting of self-management programmes and social prescribing
- Improved 'wellness' healthy living message from FCP
- Improved patient experience
- Improved staff experience



Benefits of FCP

For patients

Quicker...

- access to MSK expertise
- referral to other services and tests (if needed)

Improved...

- delivery of healthy living message
- patient self-care through supporting of selfmanagement programmes and social prescribing
- patient experience

Safe, efficient and effective

Quick access to treatment, tests and specialists if needed

Quick access to advice and information to start improvement



Benefits of FCP to the local healthcare system

For the healthcare system

Fewer...

- inappropriate MRIs & X-rays
- inappropriate secondary care referrals
- re-referrals for the same condition

Improved conversion rates to surgery

Reduced prescribing rates and costs

Safe, efficient and effective

Shorter waiting times

–for tests,
appointments, and
surgery