

## MSc/PGDip Musculoskeletal Medicine

NATIONAL CENTRE FOR  
SPORT & EXERCISE MEDICINE  
WORKING FOR HEALTH & WELLBEING



**Loughborough University and the British Institute of Musculoskeletal Medicine are collaborating to deliver an MSc in Musculoskeletal Medicine that covers the theory and practice of this specialty area.**

This is a clinically-focused course, aimed at doctors, physiotherapists, osteopaths and chiropractors, and will introduce you to the best evidence-based approach to MSK problems, covering:

- the principles of musculoskeletal medicine – holistic diagnosis recognising the elements of disease, distress and dysfunction
- how to orchestrate a comprehensive management plan within the multidisciplinary team
- the armamentarium of treatment and rehabilitation methods

Your skills and techniques in these areas will be improved, enabling you to:

- perform a systematic approach to examination
- improve your manual skills in diagnosis and treatment
- use injection techniques confidently and accurately
- understand how chronic pain syndromes develop
- employ basic cognitive behavioural techniques
- recognise and manage common musculoskeletal and sporting injuries
- develop an integrated approach to management
- learn methods of research to develop your own investigations

This course is delivered from the National Centre for Sport and Exercise Medicine (NCSEM), based at Loughborough University. The NCSEM is an Olympic legacy funded project aimed at improving the health and wellbeing of the nation.

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msk-medicine](http://www.lboro.ac.uk/msk-medicine)