



Every year hundreds of people support the Scleroderma Society in a variety of ways. Become one of them today!



GET INVOLVED!

Fundraising



Fundraising for the Scleroderma Society is not all about coffee mornings and cake sales - but they are a really great way of raising money and awareness. Our supporters do all sorts of things. Recent fundraising has included an autograph auction which raised almost £2,000 and an all day music event which raised over £2,500. The bigger events are great, but the large number of smaller events raising £30 to £50 all add up and enable us to continue to provide the services to people with scleroderma that we do. So, why not get involved and raise some money for the Scleroderma Society. We can provide you with materials such as collecting boxes, balloons, wrist bands and pens and can help make up posters and leaflets. Contact us at fundraising@sclerodermasociety.co.uk.

30th Anniversary

The Scleroderma Society is 30 this year. If you have a birthday or anniversary, why not ask for donations to the Society instead of presents?



Great ideas for fundraising: coffee morning • cake sale • fundraising dinner • plant sale • anniversary or birthday appeal to friends and family • keep a donation box handy • car boot or garage sales. The important thing is to be enthusiastic and have fun.

Sponsored events

We have guaranteed place in a number of well known events such as the London Marathon and now, some brand new events - RideLondon 100 and the Thames Path Challenge. If you would like to take part in one of these events, please let us know. We can provide t-shirts, running vests, sponsorship forms and more. We have also partnered with Skyline events and can now offer a whole range of sponsored experiences for you or a group. Whether you fancy free-falling, static line parachuting, whitewater rafting or an overseas trek such as the Inca Trail, we can now organise these for you.

There are also plenty of runs, walks and cycle rides available at all times of the year and for where ever you live. Of course, you can always organise your own sponsored events and we will do all we can to support you from helping produce materials to helping you raise awareness through support with local papers and radio stations.

Contact us at info@sclerodermasociety.co.uk

Fancy a parachute jump? It is a great way to raise money and a really fun thing to do. We can organise this for you along with many other sponsored events.



RideLondon 100



If you have been inspired by the Olympic cycling success of Team GB then we have just the event for you. RideLondon 100 is a brilliant new cycling event from the organisers of the London Marathon. The 100-mile route is on fully closed roads taking in parts of the Olympic road race route. RideLondon100 will start in the new Queen Elizabeth Olympic Park, then follow the closed roads through the capital and onto Surrey's stunning country roads and hills.



Raising awareness

2012 saw the very first Wear Your Gloves to Work Day. Held on the same day as International Scleroderma Day Society members and supporters up and down the UK and throughout the globe raised awareness of scleroderma by wearing gloves to work, to the gym, to the pub. The aim of the day was to raise as much awareness as possible of scleroderma and it worked - there were articles in both the national and local press. We are planning to grow Wear Your Gloves to Work Day in 2013 and you can help us out. Writing a letter to your local paper, putting up a poster, wearing your gloves to work or on a visit, or simply by wearing a badge. All these things make a difference and raise the general awareness of scleroderma. If you would like to take part in WYGWD 2013 it would be helpful if you could register your interest as soon as possible. You can do this by email or by registering at our website - sclerodermasociety.org.uk.



Campaigning

We aim to be the voice of the scleroderma community. Over the next year's we will be campaigning for better diagnosis, better treatment and increased support for people with scleroderma. We want to make sure

that scleroderma has a national face so that it takes less time for people to get a final diagnosis. We want to make sure that people are aware of the impact that scleroderma can have on lives - both of those with the diagnosis and their family and friends. You can help in raising this awareness. We want to build a group of volunteers who will write to their MP's, their local council and local papers. We want volunteers to put up posters in their windows and at their local hospital. If you think you could help us please let us know at info@sclerodermasociety.co.uk or call our office.



Do you use social media? If you are a regular Facebook or Twitter user, a great way of raising awareness is to like and follow the Scleroderma Society and let your friends know as well by sharing or retweeting.





I would like to support the Scleroderma Society in 2013:

- I am interested in helping raise funds
- I would like to know more about your sponsored events
- I would like to register to take part in WYGWD 2013
- I would like to help raise awareness
- I would like to help the Scleroderma Society campaign

Name:

Address:

Postcode:

Email:

Telephone No:

Please return to:

The Scleroderma Society

Bride House

18-20 Bride Street

London EC4Y 8EE

or

FREEPOST SCLERODERMA

e: info@sclerodermasociety.co.uk

t: 020 7000 1925

w: sclerodermasociety.org.uk

Charity No. 286736